

# AsthmaFix

Applying the Buteyko Breathing Method

## BUTEYKO Five Day Course Schedule

**Each course consists of five sessions. Pre-registration is required.**

The following five day courses are currently open for registration:

### MARCH 2010 – Calgary, Alberta

*5 sessions:*

Mar 12	Friday	6:00 pm to 7:30 pm
Mar 13	Saturday	4:00 pm to 5:30 pm
Mar 14	Sunday	4:00 pm to 5:30 pm
Mar 20	Saturday	4:00 pm to 5:30 pm
Mar 21	Sunday	4:00 pm to 5:30 pm

### MARCH 2010 – Calgary

*5 sessions:*

Mar 15 -19	Mon – Fri	7:30 pm to 9:00 pm
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### APRIL 2010 – Calgary

*5 sessions:*

Apr 12 - 16	Mon – Fri	7:00 pm to 8:30 pm
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### APRIL 2010 – Calgary

*5 sessions:*

Apr 15	Thursday	5:00 pm to 6:30 pm
Apr 16	Friday	5:00 pm to 6:30 pm
Apr 17	Saturday	4:00 pm to 5:30 pm
Apr 18	Sunday	4:00 pm to 5:30 pm
Apr 19	Monday	5:00 pm to 6:30 pm

*Updated: March 9, 2010*

*NOTE: Courses for MAY & JUNE are  
on the following page.*

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## MAY 2010 – Calgary

*5 sessions:*

May 10 -14 Mon – Fri 7:00 **pm** to 8:30 **pm**

## MAY 2010 – Calgary

*5 sessions:*

May 13 Thursday 5:00 **pm** to 6:30 **pm**  
May 14 Friday 5:00 **pm** to 6:30 **pm**  
May 15 Saturday 4:00 **pm** to 5:30 **pm**  
May 16 Sunday 4:00 **pm** to 5:30 **pm**  
May 17 Monday 5:00 **pm** to 6:30 **pm**

## JUNE 2010 – Calgary

*5 sessions:*

May 31–Jun 4 Mon – Fri 7:00 **pm** to 8:30 **pm**

## JUNE 2010 – Calgary

*5 sessions:*

Jun 3 Thursday 5:00 **pm** to 6:30 **pm**  
Jun 4 Friday 5:00 **pm** to 6:30 **pm**  
Jun 5 Saturday 4:00 **pm** to 5:30 **pm**  
Jun 6 Sunday 4:00 **pm** to 5:30 **pm**  
Jun 7 Monday 5:00 **pm** to 6:30 **pm**

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