

Practitioners

In the early 1990s, the Buteyko method spread beyond the borders of the USSR. Alexander Stalmatski, Dr Buteyko's senior assistant began to teach the method in Australia. He was instrumental in establishing **the Buteyko Institute of Breathing and Health (BIBH)** in 1996. The BIBH is the international professional body representing the Buteyko Institute Method (BIM) and Buteyko practitioners. It is a non-profit organization committed to improving breath-related disorders through research, promotion and application of the Buteyko method. The BIBH has established standards and policies for teaching the method to individuals as well as training and accreditation of new practitioners. To visit the BIBH go to www.buteyko.info

North American Practitioners

Canada

British Columbia

Victoria
Buteyko Canada
Chris Bauman, MA
1-877-375-6069
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www.buteykocan.com
Member of BIBH. Trained with Jennifer Stark, 2000

Vancouver
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Christine Byrne-Ralfs
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Trained with Patrick McKeown, 2006

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Alberta

Calgary
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Edmonton
Healthy Breathing
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Ontario

Goderich, Kincardine
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Buteyko Breathing Teacher
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Trained with Ludmilla Buteyko

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Prince Edward Island

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USA

Arizona

Tucson
Asthma Free Arizona
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The Asthma Solution
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Buteyko Asthma Education
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North Carolina

Asheville
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Trained with Rosalba Courtney, 1999.

Ohio

Correct Breathing Concepts
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Trained with Jennifer Stark 2003.

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If you are an accredited Buteyko practitioner working in North America and would like to be added to this list, please contact us. [Click Here.](#)